

## THE AMERICAN INSTITUTE FOR THE ADVANCEMENT OF FORENSIC STUDIES (AIAFS) presents

## Suicide Screening and Risk Assessment Across the Lifespan

Presenter: Brittany Miskowiec, PhD, MSW LICSW

Date: Friday, January 10th, 2020 Time: 8:30am - 4:00pm **6.0 CEUs** 

#### **Training Description**

This full-day seminar on suicide screening and risk assessment will begin with a discussion regarding the public health issue of suicide and its impact on our world. Participants will learn about the interdisciplinary field of suicidology and the common terminology used in the field. The remainder of the day will be spent discussing different types of suicide screening and assessment tools. The Columbia Suicide Severity Rating Scale (C-SSRS) guides suicide risk assessment through simple questioning. This efficient tool will be reviewed and best practices will be discussed. The Chronological Assessment of Suicide Events (CASE) approach, developed by Dr. Shawn Shea, provides interview techniques to assess suicide risk. Interview strategies and practical application will be discussed. Next, The National Suicide Prevention Lifeline's Suicide Risk Assessment Standards will be explained, along with the differences between face-to-face and over-the-phone risk assessments. Finally, safety planning will be discussed as a strategy to support individuals with thoughts of suicide.

#### **Training Objectives**

- 1) Understand the prevalence of suicide
- 2) Understand the field of suicidology and its terminology
- 3) Debunk common myths associated with suicide
- 4) Discuss the Columbia Suicide Severity Rating Scale (C-SSRS) protocol
- 5) Discuss the Chronological Assessment of Suicide Events (CASE) approach
- 6) Explain the National Suicide Prevention Lifeline Suicide Risk Assessment Standards
- 7) Discuss safety planning and its benefits

#### **Presenter Biography**

Dr. Miskowiec has worked as a licensed independent clinical social and suicidologist for over ten years. Her education includes a doctorate in human resource education with a concentration in adult education. Master of Social Work, Bachelor of Science in psychology, and a certification in interdisciplinary trauma studies. Dr. Miskowiec currently teaches in the social work program at the University of Wisconsin-Stout and in the Master of Social Work program at Walden University

Dr. Miskowiec's private practice, Mental Wellness Therapy and Consulting, LLC, specializes in work with emergency responders, military service members, and people impacted by suicide. She provides therapy to individuals and offers consultation to a variety of organizations regarding suicide prevention programming and policy development. Dr. Miskowiec is also a skilled trainer and provides LivingWorks' safeTALK and ASIST trainings along with other customized presentations by request.

Dr. Miskowiec is on the Board of Directors for the Minnesota Center of Suicidology. In this role, she conducts research, education, and psychological autopsies (certified by the American Association of Suicidology).

LOCATION: Mall of America, Parkview Meeting and Event Center, 5204 Center Court Bloomington, MN 55425

\$99.00 (Individual Rate) COST:

REGISTRATION: Online at www.aiafs.com/trainings or use the registration form

For additional info, contact Darian Buel @ 612-250-5432 - or - Email: aiafsassoc@gmail.com

Continuing Education Approval - Application for continuing education credits will be made with the following boards:

The Minnesota Board of Social Work

The Minnesota Board of Behavioral Health

The Minnesota POST Board

The Minnesota Board of Psychology

The Minnesota Board of Marriage and Family Therapy

The Minnesota Board of Continuing Legal Education

# The American Institute for the Advancement of Forensic Studies (AIAFS)

## **Course Registration**

**Cost:** \$99.00

**6.0 CEUs** 

Seminar: Suicide Screening and Risk Assessment Across the Lifespan

Seminar Date: Friday, January 10th, 2020 Time: 8:30am-4:00pm

S	s: The American Institute for the Advancement of Forensic PO Box 5085 St. Paul, MN 55101				Register online today! www.aiafs.com/trainings		
Additional Information: Call Darian Buel @ 612-250-5432 or Email: aiafsassoc@gmail.com							
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Training Schedule:							
	7:45am-8:30am – Sign in/Registration 8:30am-10:00am – Training 10:00am-10:15am – Break 10:15am-12:00pm – Training 12:00pm-1:00pm – Lunch (on your own)			1:00pm-2:15pm – Training 2:15pm-2:30pm – Break 2:30pm-3:45pm – Training 3:45pm-4:00pm – Questions/Post-Test 4:00pm – Adjourn			
Attendee Contact Information 1/10/20 Suicide Risk Assessment 8:30am-4:00pm Cost: \$99.00							
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